#### VINAYAKAMISSIONS RESEARCH FOUNDATION (DU), SALEM

#### VINAYAKA MISSION'S COLLEGE OF PHARMACY

### WORKSHOP ON PERSONALITY DEVELOPMENT AND TIME MANAGEMENT

#### Report

Vinayaka mission's college of Pharmacy conducted two days workshop in association with YWCA salem from 19<sup>th</sup> - 20<sup>th</sup> January 2023. Mrs. Hepcy swrnam General Secretary, YWCA, Salem. Mr. B. Prabhu, Dt Child line co-ordinator, YWCA, Salem. Were the invited speakers for the workshop. The workshop commenced with the inaugural speech by Dr. B.S. Venketeswarlu Principal. He introduces the speakers of the workshop.

The speaker Mrs. Hepsy swarnam General Secretary, YWCA, Salem, delivered talk on personality management and given valuable suggestions to the students about the importance of personality management and she narrated the concept and benefits of personality development.

The second session of the workshop was delivered by Mr.B.Prabhu. he elaborated about personality management and given valuable tips to the students and he insisted all the students to participate in various activities like multiple roles, time chart analysis, emotional thermometer, step ladder and social network mapping. The activities were encouraging and self motivating the students.

The second day of the workshop was conducted on Time management by our speaker. In his lecture he insisted about the methods to be followed to handle the time in day to a life, coping with time. Further he conducted the practical session on time management with the aid of activities like understanding time management, working together to develop support and self esteem. The workshop concluded with question and answer session. He cleared the doubts and answered the questions raised by the students.

All the Hods and faculty members are actively participated in the workshop and the workshop was very well appreciated.

The program concluded with the vote of thanks by Dr.S. Ruby, Associate Professor, Department of Pharmaceutical Chemistry.

















The University authorities, Institution, Staffs and Students in association with YWCA. Solem cordially invites you for the

#### Two Days Workshop on

## "Personality Development and Time Management"

On 19th & 20th of January 2023 @ 9.30 am

With the heavenly blessings of

Dr. A Shanmugasundaram Founder Chancellor, VMRF-(DU), Salem

With the benevolence of

#### Mrs. Annapoorani Shanmugasundaram

Madam Founder Chancellor, VMRF-DU, Salem Will light the Devine Lamp

In the esteemed presence of

Hon'ble Sri. Dr. A. S. Ganesan Chancellor, VMRF-(DU), Salem

Hon'ble Dato'Shri Dr. S. Sharavanan Pro-Chancellor, VMRF-(DU), Salem

**Guest Speakers** 

Dr. B. Prabhu

Social Worker, YWCA. Salem

Ms. Hepcy Swaranam

General Secretary, YWCA, Salem

In the presence of

Hon'ble Mr.N.V. Chandrasekar

e-President, VMRF-(DU), Salem.

Mr. K. Jaganathan Director, VMRF-(DU), Salem

Dr. P. K. Sudhír Vice: Chancellor, VMRF-(DU), Salem.

Hon'ble Mr. J. S. Sathish Kumar

Vice President, VMRF-(DU), Salem.

Mr. N. Ramaswamy

Director, VMRF-(DU), Salem.

Prof. Dr. B. Jaykar, Registrar, VMRF-(DU), Salem.

Dr. B. S. Venkateswarlu, Principal, VMCP, VMRP-(DU), Salem Will deliver the Welcome Address

Venue: VMCP Auditorium

# VINAYAKA MISSION'S COLLEGE OF PHARMACY, SALEM VINAYAKA MISSION'S RESEARCH FOUNDATION (DU), SALEM

#### Circular

VMCP/SLM/CIR/06/2023

19-01-2023

It is hereby informed to all the HODs, faculties & Class in charges that we have arranged Two days Training Programme on Topic: "PERSONALITY DEVELOPMENT AND TIME MANAGEMENT" to be Delivered by Mr. Prabhu, Social Worker from YWCA and Ms. Hepsi Swarnam, General Secretary, YWCA Salem for Students of First year B.Pharm on 19-01-2023 & 20-01-2023 began at 9.3.00 AM in our Auditorium.

I request the class in-charges to inform your students suitably and make them to attend the Workshop compulsorily.

PRINCIPAL

## VINAYAKAMISSIONS RESEARCH FOUNDATION (DU), SALEM

## VINAYAKA MISSION'S COLLEGE OF PHARMACY GENDER SENSITIZATION COMMITTEE

## WORKSHOP ON EMPOWERMENT OF FUTURE

#### Report

Vinayaka mission's college of Pharmacy conducted two days workshop in association with YWCA salem from 24th - 25th July 2023. Mr. B. Prabhu, Dt Child line co-ordinator, YWCA, Salem. Was the invited speakers for the workshop. The workshop commenced with the inaugural speech by Dr. B.S. Venketeswarlu Principal. He introduces the speakers of the workshop.

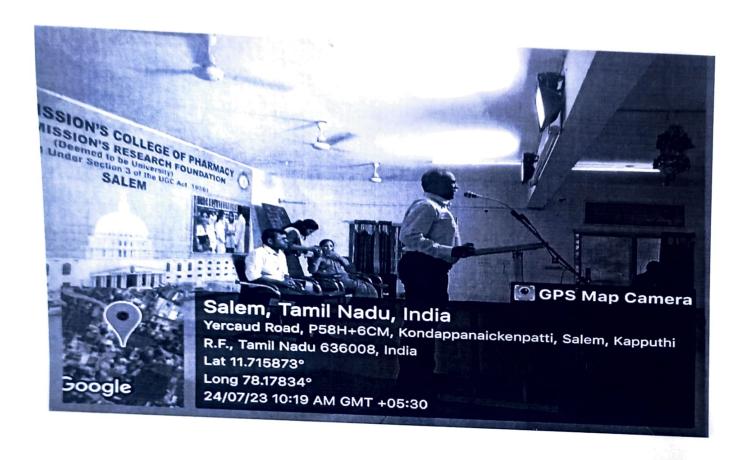
The speaker Mr.B.Prabhu Dt Child line co-ordinator,, YWCA, Salem, delivered talk on Empowerment of future and given valuable suggestions to the students about the importance of personality management and he narrated the

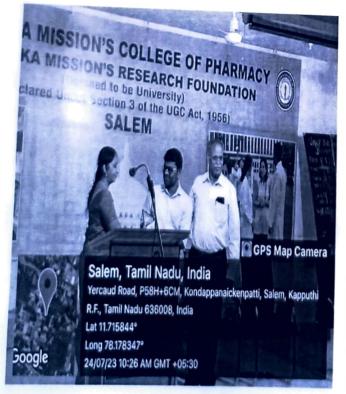
The second session of the workshop was delivered by Mr.B.Prabhu. he elaborated about Empowerment of future and given valuable tips to the students and he insisted all the students to participate in various activities like multiple roles, time chart analysis, emotional thermometer, step ladder and social network mapping. The activities were encouraging and self motivating the students.

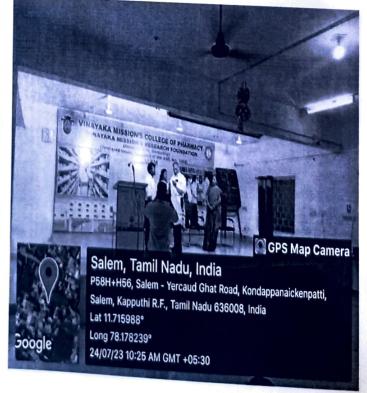
The second day of the workshop was conducted on Time management by our speaker. In his lecture he insisted about the methods to be followed to handle the time in day to a life, coping with time. Further he conducted the practical session on time management with the aid of activities like understanding time management, working together to develop support and self esteem. The workshop concluded with question and answer session. He cleared the doubts and answered

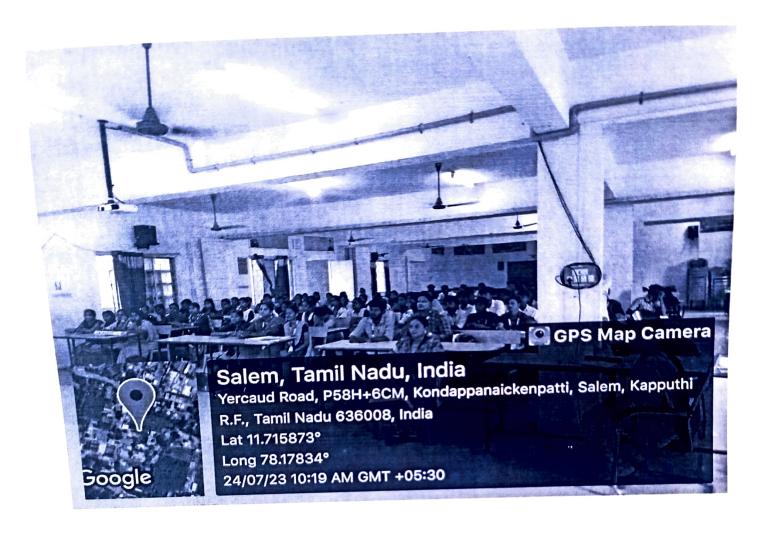
All the Hods and faculty members are actively participated in the workshop and the workshop was very well appreciated.

The program concluded with the vote of thanks by Dr.S. Ruby, Associate Professor, Department of Pharmaceutical Chemistry.









## Vinayaka Mission's College of Pharmacy, Salem-8 Circular

## VMCP/SLM/CIR/049/2023

21.07.2023

It is hereby informed to all the HODs, faculties & Class in charges that we have arranged the life skill programme on Topic, "Empowerment of Future" to be Delivered by Mr. Prabhu (Social Workers) from YWCA, Salem for II.D.Pharm **Students** on 24.07.2023 & 25.07.2023 at 10.00 AM in our auditorium.

I request all the class in charges to inform your II.D.Pharm students suitably and make them to attend the life skill programme compulsorily. The faculties those are interested can attend without hampering the class work.

#### Copy to

Department of Pharmaceutics

Department of Pharmaceutical Chemistry

Department of Pharmacology Color

Department of Pharmacy Practice

Library & Computer Section

**IQAC** 

Office